

# The Joy of Oil Painting

## Materials List

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### OIL PAINT

Below is a basic palette. As a bare minimum you should have a warm and cool version of each primary color along with Titanium White and a Black. I have also added a few suggested but not essential colors. If you are an experienced painter, please just bring the colors you have. Bring as many as you feel comfortable with. What is important to me is that you have lots of paint to work with. We don't want to skimp on paint.

### ESSENTIALS

Titanium White	preferably a large tube
*Cadmium Yellow Medium	Warm
*Cadmium Yellow Light or Lemon	Cool
*Cadmium Red Light	Warm
Alizarin Crimson or Quinacridone Red	Cool
Manganese Blue or *Cerulean Blue	Cool
Ultramarine Blue	Warm

A Black of some kind

### ADDITIONAL COLORS THAT CAN MAKE LIFE EASIER

Gold Ochre	Warm
*Cadmium Orange	Warm
Viridian	Cool
Van Dyke Brown	Warm

\*Cadmium and Cerulean are very expensive pigments. Feel free to buy "Hues" such as Cadmium Yellow Hue which is much less costly. It is a substitute for the more expensive pigment.

### MEDIUMS

Preferably Gamblin's Solvent Free Gel Medium or Gamblin's Gel Medium. Any Gamblin medium is acceptable.

Linseed Oil is OK, but it slows drying time. I tend to like to speed up drying time.

Odorless Mineral Spirits **ONLY** such as Gamsol by Gamblin

- A container for your dirty mineral spirits to bring them home. (Small jelly jars work)
- A container such as a tuna can for your mineral spirits to use while you are painting.

## **BRUSHES**

If you are experienced, bring what you are used to using. Some recommendations are below. I prefer filberts and a large round personally. I teach a looser style so will always encourage you to use a larger brush. You do not need expensive brushes.

Natural Bristle (Boars hair) - not synthetic or sable  
Filbert sizes 6-10  
Round Size 12

## **Palette Knives**

Spade shape is my favorite. Bring at least one palette knife.

## **Palette**

Bring one! Wood, paper, glass, plexi, all are acceptable

## **SUBSTRATES**

Stretched canvas, Canvas boards or Wood Panels are all good. I do **not** recommend canvas paper.  
I recommend bringing 2-3 sizes to choose from as you may be inspired differently each week.

12" x 12" or 11" x 14" as the smallest size.

## **OLD PAINTINGS**

If you are experienced, feel free to bring any old paintings that you are willing to paint over and essentially use as under-paintings. These can be a great starting point.

## **OTHER**

**One Full Roll paper towels** (Viva brand are the best, mark my words, after you try them you'll never get anything else).

**Gloves** if you use them.

**Clean jar with lid** to pour out your used OMS.

Start saving **pizza boxes** to carry your wet paintings in. Saves your car!